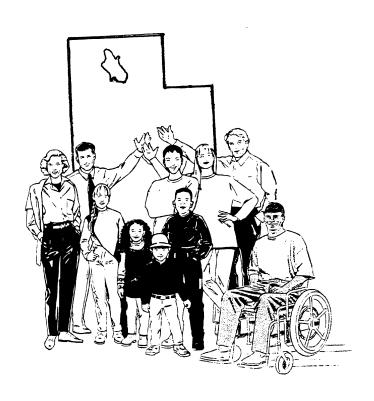
Exploring Medicaid



Rural

Who to Call for Help

Name	Phone
Medicaid Information Line:	1 (800) 662-9651
My Primary Doctor:	
My Eligibility Worker:	
My Local Health Dept Contact:	
My Pharmacy:	
My Mental Health Center:	
My Dentist:	

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Welcome

Welcome to Medicaid. We want you and your family to get the health care that you need. This booklet was written to help you learn how to use Medicaid.



You must apply to receive Medicaid

benefits. To apply contact your local DWS (Department of Workforce Services) or BES (Bureau of Eligibility Services) office. Or, you may also call the Medicaid Information Line. The phone numbers are in the back of this book in "The Resources" section.

What if my English is not very good or I am hard of hearing?

We know that it may be hard to understand us if English is not your first language or if you are hard of hearing. Please ask us for an interpreter who speaks or signs your language to explain the Medicaid Program. Interpreters are free and available in all languages including sign language. Your Health Plan also has interpreters.

May I get this booklet in another language or format?

Yes, we also have this booklet and other important information in Spanish. You can also get this booklet on audio tape or compact disk (CD) in both English and Spanish.

Services for people who are hard of hearing or have speech problems

If you are hard of hearing, you can call Utah Relay Services at 711 or 1-800-346-4128. This is a telephone relay service or TTY/TTD that is a free public service. If you speak Spanish, you can call Spanish Relay Utah at 1-888-346-3162.

If you have a hard time speaking, you can call 1-888-346-5822 and a specially trained person will help you.

Tell us if you need someone to translate for you. We will find someone who speaks or signs your language to explain our programs. Your Health Plan will also provide someone to translate for you. If you need help getting translation call:

Medicaid Information Line Call (801) 538-6155 or 1-800-662-9651

Diganos si usted necesita a alguien que traduzca para usted. Nosotros encontraremos a alguien que hable su idioma para que le explique nuestros programas. Su Plan de Salud y otros planes también le proveerán con alguien que traduzca para usted.

What is a PCP? (Primary Care Provider)

A Primary Care Provider (PCP) is a doctor you see for most of your medical care. A PCP knows you, your medical history and your family history. You would see a PCP for routine care and sudden illness. A PCP refers you to specialists when you have serious medical problems. A PCP watches over and directs all of your medical care.



These are examples of the kind of doctor who is usually a PCP.

- ✓ Family Practice (for all ages)
- ✓ Internal Medicine (for adults)
- ✓ Pediatrician (for children)
- ✓ OB/GYN (for pregnant women)

What is PC Case Management?

The Primary Care (PC) Case Management is when you select a Primary Care Provider (PCP). The name of the PCP you choose, and who accepts you, prints on your Medicaid card. Your card prints with the letters PCP in bold across the top.

You can change to a different PCP. Call your eligibility worker or the Local Health Department worker by the 20th of the month to change your PCP for the next month.

You must have a referral from your PCP to go to any other doctors, unless it is an emergency. Sometimes a clinic is named as the PCP. If so, you may see any doctor in the clinic without a referral. This also means any doctor in the clinic may refer you to a specialist.

What is a Health Plan?

Health plans are available in some areas of the state. You may choose a Health Plan for your medical care if one is available in your area. A Health Plan is a group of doctors, clinics, hospitals and other medical experts you will use for your medical care.

Know your Health Plan, if you are on one, and find out how it works. You may be contacted by your Health Plan and asked questions about your medical needs.

- ♦ Medicaid pays your Health Plan every month for you to be a member.
- ♦ The name of your Health Plan prints on your Medicaid card.
- ♦ You must use a doctor, clinic or hospital that takes your Health Plan or your bills may not be paid.
- ♦ Your provider will know where to send the bill.
- ♦ You have the right to receive information about your Health Plan each year.

The Health Plan won't be on your card the first month and sometimes the second month. If there is no Health Plan or PCP on your card you can use any provider that accepts Medicaid.

Your Health Plan or Medicaid pays your doctor. If your doctor is paid less than the full amount, your doctor can't charge you for the rest of the bill for Medicaid covered services.

Medicaid and Choosing Your Health Plan:

♦ **DWS**: (Medical with Financial or Food Stamps)

You may be referred to your Local Health Department. Call them for information about Medicaid. They will help you choose a Primary Care Provider or Health Plan..

♦ **BES**: (Medical only, your Eligibility worker will help you)

If your case is Medicaid only, you will meet with your worker to learn about Medicaid. Your worker will help you choose a Primary Care Provider or Health Plan.

What is a Referral?

A referral is made when you need to see a specialist. You must get a referral from your PCP before you see a specialist. Your doctor refers in different ways.

- 1. By giving you a referral form.
- 2. By mailing the specialist the form.
- 3. By calling the specialist.

In some cases the local health department can help you get a referral.

What is a Specialist?

A specialist is a doctor who only works with certain health problems. Examples of doctors who are specialists are:

- ♦ Cardiologist heart
- ♦ ENT Ear, Nose and Throat
- ♦ Orthopedist bone

If you can't make it to an appointment with your doctor, call ahead of time to cancel.

What is Prior Approval/Prior Authorization?

To get some services covered by Medicaid or your Health Plan, your doctor may need permission first. This is called a prior approval or prior authorization. Most services don't need a prior approval or authorization, but some do. Your doctor's office must get permission before they give you a service that needs a prior approval or authorization.

If a request for a prior approval or authorization is denied or not approved, you will receive a letter with instructions on how to ask for a change in the decision.

What if I have problems with benefits?

You may feel a service was limited or denied unfairly or you are being billed. You, or your representative, have the right to question these decisions or actions and ask to have a Fair Hearing.



For decisions or actions made by your Health Plan:

- ♦ Call your Health Plan to talk about the problem. Many times the problem can be taken care of that easily.
- Call the Medicaid Information Line. Sometimes they can help.
- ♦ If there is still a problem ask your Health Plan how to file a Grievance or an Appeal.
- ♦ After your Health Plan's final decision, if you still feel you are being treated unfairly you can ask for a Fair Hearing with Medicaid.
- ♦ You must file for a Fair Hearing within 30 days of your Health Plan's final decision.

For decisions made by the State:

- ♦ Call the Medicaid Information Line.
- ♦ Ask for a State Fair Hearing.

Medicaid Information Line Call (801) 538-6155 or 1-800-662-9651 to ask the State for a Fair Hearing

What is a TPL? (Third Party Liability)

When you have other health insurance (or Medicare) and Medicaid, this is called a TPL. You must let us know if there is insurance (or Medicare) that covers anyone listed on your Medicaid card. Tell your worker as soon as possible if you get insurance (or Medicare) for anyone on your case.

You might have to choose a Health Plan to match your insurance. Your worker will tell ORS (Office of Recovery Services) about your insurance.

The TPL information will print on your Medicaid Card. You must call the TPL unit with ORS to make any changes. Their phone number prints on the bottom of each Medicaid Card.

♦ Your doctor's office bills your insurance first, then bills the State or Health Plan for the part of the bill your insurance won't cover. Medicaid pays last.

ORS TPL Unit (801) 536-8798 or 1-800-821-2237



How do I use my card?

It is important to know how to use your Medicaid card so you won't have problems getting your bills paid.

- ♦ You will get a colored Medicaid Card* in the mail each month.
- Check your card each month. Make sure the information on your card is right.
- ♦ The Medicaid program you are eligible for prints on your card.
- ♦ Your Health Plan or PCP prints on your card.
- ♦ Keep your old cards for at least one year.
- If you don't receive your card or have lost it, call your eligibility worker.

Remember! Always show your card before you get any kind of medical care. Showing your card helps prevent billing problems.

* The **colored Medicaid Card** tells what program type you have.

The color and Medicaid program types are as follows:

Purple Card = Traditional Medicaid (TM)
Blue Card = Non-Traditional Medicaid (NTM)
Yellow Card = Primary Care Network (PCN)

Quick Comparison Chart of Adult Medicaid Programs Co-Pays and Co-Insurance

Purple Card Traditional Medicaid 18 years or older	Benefits	Blue Card Non-Traditional Medicaid 19 years or older
* Pharmacy: \$15 per month Inpatient: \$220 per year Physician & Outpatient: \$100 per year	Out of Pocket Maximum	\$500 per calendar year per person
no co-pay	Dental	no co-pay
no co-pay \$6 co-pay for non-emergency use of the ER	Emergency Room	no co-pay \$6 co-pay for non-emergency use of the ER
Office Visit - no co-pay Pharmacy - no co-pay See the current Over the Counter (OTC) list	Family Planning	Office Visit - no co-pay Pharmacy - no co-pay See the current Over the Counter (OTC) list
* \$220 yearly co-pay for non-emergency stays	Inpatient Hospital	* \$220 yearly co-pay for non-emergency stays
no co-pay	Lab	no co-pay
no co-pay	Medical Equipment and Supplies	no co-pay
no co-pay at prepaid Mental Health Center	Mental Health	no co-pay - limited benefit of 30 annual inpatient, 30 annual outpatient visits

^{*}Pregnant women and children do not have co-pays.

Quick Comparison Chart of Adult Medicaid Programs Co-Pays and Co-Insurance (continued)

Purple Card Traditional Medicaid 18 years or older	Benefit	Blue Card Non-Traditional Medicaid 19 years or older
no co-pay no co-pay \$1.00 co-pay Chiropractic through Chiropractic Health Plan (CHP)	Occupational Therapy Physical Therapy Chiropractic	\$3 co-pay - limited to a combined 16 visits per calendar year \$3 co-pay Chiropractic through Chiropractic Health Plan (CHP)
Office visit - \$3 co-pay per visit Outpatient - \$2 co-pay per visit	Office Visits & Outpatient	Office visit - \$3 per visit Outpatient - \$3 per visit - no co-pay for preventative care or immunizations
co-pay \$3 for each prescription - limited to \$15 monthly	Pharmacy	co-pay \$2 per prescription
no co-pay	Transportation	no co-pay
no co-pay - annual eye exam, glasses every two years	Vision Services	Annual coverage limited to \$30 for an eye exam. Glasses not covered
no co-pay	X-Ray	no co-pay

^{*}Pregnant women and children do not have co-pays.

What is a Co-Pay?

You may have to pay a fee for some benefits and services, this is called a co-pay*.

A message will be printed on your medical card if you have a co-pay. You may need to pay a fee or co-pay when you:

- ♦ Visit the doctor or clinic
- ♦ Visit the hospital for outpatient services
- ♦ Pick up your prescriptions

Other things you may want to know about the co-pay:

- ♦ If you do not pay your co-pay your doctor or medical provider can refuse to see you.
- ♦ You should get a receipt for your co-pay from your medical provider each time you see them.
- ♦ Make sure you save your receipts.

What is a Co-Insurance?

You may have to pay a fee when it is not an emergency and you stay overnight as a patient in the hospital. This fee is called co-insurance*:

- ✓ A message will print on your medical card if you need to pay this fee.
- ✓ Get and save a receipt for your co-insurance from the hospital.

^{*}Pregnant women and children do not have a co-pay.

^{*}Pregnant women and children do not pay co-insurance.

Is there a limit to how many prescriptions I can get?

You may have a limited number of prescriptions per month with some Medicaid programs.

- ♦ Medicaid will review your medical history to see if you need more than the allowed prescription limit each month.
- ♦ Your doctor may be contacted to see why you are using certain medicines.
- ♦ You may be notified when you have used more than the allowed prescriptions per month.
- Over the Counter Drugs will count as part of your total number of prescriptions.

What is an "Out of Pocket" maximum?

Each Medicaid program has a limit or maximum to the amount you pay in co-pays and co-insurance each year:

- ♦ The amount you pay is counted from January through December.
- Get receipts for your co-pays and co-insurances.

Call The Medicaid Information Line (801) 538-6155 or 1-800-662-9651 if you have questions.

What do I do with medical bills?

Pay attention to the mail you get from your doctor's office. You may get a bill. If the bill says "do not pay" or "your insurance has been billed" you do not need to do anything with the bill. If the bill shows that you owe an amount, here is what to do:



- 1. Call your doctor's office. Make sure they billed the State or your Health Plan
- 2. Give the doctor a copy of your Medicaid card.
- 3. If the doctor's office has billed the State, and the bill is not paid, call the Medicaid Information Line.
- 4. If the doctor's office billed your Health Plan, but the bill is not paid, call your Health Plan.

Don't get stuck with the bill.

Be careful of the following things. You could end up paying your own medical bills:

- ♦ If you don't show your card before getting care.
- ♦ If you don't get a referral before seeing a specialist.
- ♦ If you see someone who isn't part of your Health Plan or you don't see the PCP listed on your Medicaid card.
- ♦ If you get a service Medicaid doesn't cover and you have signed a form in your doctor's office saying you know it is not a covered service, but you want the service anyway.
- For services received when you are not eligible for Medicaid.
- For services received during an Appeal, Grievance or Hearing that is denied.

What are my rights?

Anyone who thinks they might be eligible for Medicaid may apply. You have the right to be treated fairly and with courtesy and respect.

- You have the right to have your privacy protected and be treated with dignity.
- You have the right to get medical care no matter what your race, color, nationality, disability, sex, religion or age.
- You have the right to receive information on all available treatment options.
- You have the right to participate in decisions regarding your medical care, including refusing treatment.
- You have the right to ask for a copy of your records and request that they be changed.
- You have the right to be treated fairly even if you use or apply your rights.

If you feel you have been treated unfairly or discriminated against, call the State or your Health Plan and ask for the Civil Rights Coordinator or call the Federal Office for Civil Rights.

Civil Rights Medicaid Constituent Services 1-877-291-5583

Federal Office for Civil Rights 1-800-368-1019 (Voice 1-800-537-7697 (TDD)

Can I get Medicaid for past months?

You can apply for Medicaid coverage for past months. This is called retro coverage. If you have had Medicaid before, the same PCP you chose in the past will print on your retro cards. You won't have a medical Health Plan for those months. Take your Medicaid card to the doctors you saw. Ask them to bill the State.

Your doctors *do not* have to accept your Medicaid for past services, but sometimes they will.

What if I have problems with eligibility?

When you apply for Medicaid you may be told you are not eligible. You may feel you've been treated unfairly. You have the right to do the following:

- Talk about the problem with your case worker and their supervisor.
- ♦ Call the "Office of Constituent Services" for help.
- ♦ Ask a worker for a Fair Hearing form. Most letters you receive from your worker will have a Fair Hearing form on the back. Fill it out and give it to your worker or their supervisor.

Medicaid Constituent Services
Medicaid only - (801)538-6417 or 1-877-291-5583

Medicaid with other programs such as food stamps or financial help - (801) 526-4390 or 1-800-331-4341

Is it urgent care I need or is it an emergency?

Urgent Care

Urgent care is needed when you have an illness or accident. You get urgent care when your problem is serious, but you could wait one day to see your doctor.

Urgent care problems usually don't cause permanent harm or death. For urgent care, call your doctor. You may be able to see the doctor that same day. Your Health Plan may have urgent care clinics which are open after normal office hours and weekends. Check your Health Plan provider directory.

Examples of urgent care:

- ♦ You fall and sprain your wrist or ankle.
- ♦ Your child wakes up in the night with an earache.
- ♦ You have a bad cough or high fever.
- ♦ You are vomiting a lot.
- ♦ You have a cut that needs stitches.

Emergency Care

Use emergency care when you have a serious medical problem that can't wait. In this case, waiting could mean permanent harm or death.

If you think your medical problem may be an emergency, call 911 or go to the emergency room right away. You don't have to call your doctor first. Your doctor may provide any needed follow-up care.

Use the hospital emergency room that is closest to you.

Examples of emergencies:

- ♦ Heavy bleeding
- ♦ Chest pain
- ♦ Trouble breathing
- ♦ Bad burns
- ♦ Broken bones
- ♦ Poisoning



If you go to the emergency room for something that is not an emergency, you may have to pay a co-pay or the entire bill.

If your doctor or Health Plan tells you to go to the emergency room, go as soon as possible.

Benefits Covered by Medicaid

- ♦ Ambulance
- ♦ Birth Control
- ♦ Case Management
- ♦ CHEC Program or Well Child Exams
- ♦ Chiropractic Services
- ♦ Dental
- ♦ Doctor Visits
- ♦ Emergency Room
- ♦ Eye Exams and Eyeglasses
- ♦ Home Health Care
- ♦ Hospice Care
- ♦ Hospital
- ♦ Lab and X-ray Services
- ♦ Maternity Care
- ♦ Medical Supplies
- ♦ Mental Health
- ♦ Midwife Services
- ♦ Nursing Home Services
- ♦ Over-the-Counter Drugs
- ♦ Personal Care Services
- ♦ Physical Therapy/ Occupational Therapy
- ♦ Prescriptions
- ♦ Specialists
- ♦ Speech and Hearing Services
- ♦ Transportation Services
- ♦ Waiver Programs

We want you to find out more about the benefits covered by Medicaid. Some benefits may not be covered or may be limited depending on which Medicaid program you have.

Ambulance

When seconds count call 911 for an ambulance. The state covers ambulance services in an emergency. Air ambulance is covered when a ground ambulance can't get you to medical care fast enough. Tell the ambulance to take you to the closest hospital.

Birth Control

You may get family planning services from any provider, without a co-pay, who accepts your Medicaid card. You don't need a referral. You can get some types of birth control in the doctor's office. For others, the doctor may write a prescription. The following forms of birth control may be covered by your Medicaid program.

- ► Birth Control Pills
- ► Foams
- Creams
- Diaphragms
- ► IUDs
- Norplant
- Birth Control Patches
- Shots (Depoprovera)
- Condoms
- Emergency Birth Control (Morning After Pill)
- Sterilization*

*Medicaid may pay for a woman to get her tubes tied or a man to have a vasectomy (sterilization). You must be 21 or older and both you and your doctor must sign a "consent form" 30 days before the surgery. Medicaid or your Health Plan will not pay to reverse these surgeries.

Case Management

Some Health Plans have case management programs. If you have serious health problems, ask to speak with a case manager with your Health Plan. A case manager helps make sure you get the care you need. Case management is not available with a PCP or blank Medicaid card.

CHEC Program or Well Child Exams

CHEC is for Child Health Evaluation and Care. This is a special benefit for children on Medicaid. It's about keeping children healthy. Anyone from birth through age 20* on Medicaid can get CHEC covered services.

*NTM (Non-Traditional Medicaid) covers CHEC exams through age 18.

Regular checkups help keep your children healthy. Some problems start before your child looks or feels sick. Your doctor can find and treat these problems early, before they lead to a serious problem.



CHEC services include:

- Well child exams by your child's doctor. A head-to-toe exam that includes health history, eating habits, eyesight and hearing exam, lead screening (if requested) and growth and development check.
- ♦ Shots (immunizations) to keep your child healthy.
- ♦ Dental checkups by your child's dentist. A complete exam and cleaning twice a year. Fluoride treatment and sealants are covered for children. Your child's first dental visit should be at age one.
- Follow up treatment and care if a health problem is found during a CHEC exam.
- Children may receive benefits that are usually not covered by Medicaid.

When should my child have a CHEC checkup?

- ♦ Newborns as soon as possible after birth.
- ♦ Babies ages 1, 2, 4, 6, 9, 12, 15, 18, and 24 months. Shots are due at many of these visits.
- ♦ Toddlers ages 3, 4, and 5. More shots are due at some of these visits.
- ♦ Children ages 6, 8, 10 and 12 years old.
- ♦ Teenagers and Young Adults ages 14, 16, 18 and 20.

If you missed one of these ages, take your child in as soon as possible. Ask for a CHEC exam while making the appointment and tell your doctor you have Medicaid. Remember to take your child's shot record with you.

Your local health department has more information about the CHEC program. Call and they will help you make an appointment for a CHEC exam. Or, you can call your doctor or dentist yourself. The numbers for the local health departments are in "The Resources" section of this book.

Chiropractic Services (Chiropractic Health Plan)

Your chiropractic benefits are covered under the Chiropractic Health Plan. Your plan pays your bills for your chiropractic care. You may see any chiropractor who is on the plan.

Services are limited. To learn more about your chiropractic benefits call (801) 352-7270 or 1-800-339-5958.

Dental Benefits

Your dental Services may include routine dental exams, fillings, x-rays, stainless steel crowns, limited root canals, dentures and partial dentures and sealants for children. Some oral surgery can be covered as well.

The State has clinics where you can get your dental care. They are called Family Dental Plan clinics. Check "The Resources" section to see if there is one in your area. Call your dentist to see if they accept Medicaid. You can also call the Medicaid Information Line for names of dentists in your area.

Medicaid Information Line (801) 538-6155 or 1-800-662-9651

Doctor Visits

Medicaid pays for you to see the doctor when you are having health problems. Most of the time you can get the treatment you need from your Primary Care Provider (PCP). If your PCP feels your problems are too serious to treat in the office, your doctor may refer you to a specialist. Make sure that you see a doctor who accepts your Medicaid card or Health Plan.

Emergency Room

Use the emergency room when you have a serious medical problem that cannot wait. Waiting could mean permanent harm or death.

In an emergency, call 911 or go to the emergency room right away. You don't have to call your doctor first. Your doctor may provide any care needed to follow up after the emergency. We have explained the emergency room in more detail earlier in the book.

Eye Exams and Eyeglasses

Medicaid *may* cover services for both Optometrists and Ophthalmologists. An Optometrist is trained to examine eyes and prescribe eyeglasses. An Ophthalmologist is a medical doctor who specializes in eye diseases and can perform eye surgery.

You may need to get a referral from your PCP before you see an ophthalmologist. You don't need a referral to see an Optometrist.

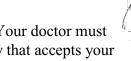
If glasses are a covered benefit under your program, your provider will show you a selection of glasses to choose from that Medicaid or your Health Plan will pay for in full. You can choose more expensive eyeglasses. But, you must pay the difference between what Medicaid or your Health Plan pays and the cost of the more expensive glasses.

Home Health Care

Home health care is for people who are too sick to leave their home. It is for people who can't go to the doctor's office, but don't need to be in the hospital or nursing home. To receive home health care, prior approval is needed.

Some benefits you *might* receive in your home are:

- Physical Therapy
- Nursing
- Home Health Care Aides



If you need home health care, talk to your doctor. Your doctor must write an order. You must use a home health agency that accepts your Medicaid card or your Health Plan.

Hospice Care

Hospice care is for people who are sick with no hope of getting better. Hospice care helps people to be comfortable when they are dying. Talk to your doctor if you need these services.

Hospital Care

Medicaid covers both inpatient and outpatient hospital care. Before you use hospital services, get a referral from your doctor. For some hospital services, you need prior approval.

Lab and X-ray Services

Many Lab and X-ray services are covered by Medicaid. You might get these services in your doctor's office or your doctor might refer you to another clinic, lab or hospital that accepts your Medicaid card or Health Plan.

Maternity Care

If you think you are pregnant, see a doctor as soon as possible. To receive prenatal benefits, call your worker to report the pregnancy. Early maternity care helps you give birth to a healthy baby.

You may choose to see a specialist such as an OB/GYN or a CNM (Certified Nurse Midwife). Medicaid covers:

- ♦ Prenatal visits, lab work and tests you may need (like an ultrasound)
- ♦ Charges for labor and delivery
- ♦ Anesthesia (pain treatment)
- ♦ The hospital stay
- ♦ Your 6 week checkup after the baby is born

You can stay in the hospital for as long as your provider feels it is necessary.



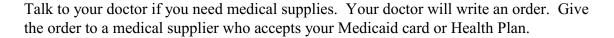
Your baby *may* be covered by Medicaid for a year. Call your eligibility worker as soon as possible to report the birth of your baby.

Medical Supplies

Medical supplies *may* be covered.

Some examples of Medical supplies are:

- ♦ Wheelchairs
- ♦ Prosthetic devices
- ♦ Bandages or wound care supplies
- ♦ Vaporizer or humidifier



Mental Health

If you live in San Juan County, the state pays your mental health bills. If you live in other rural areas, the state pays money so you can be part of the Prepaid Mental Health Plan (PMHP). The name of the PMHP prints on your Medicaid card. If you are in a PMHP, you must get all your mental health services through the PMHP. The PMHP can also help you with transportation to your mental health appointments, if you need it. (Call your mental health center or talk to your therapist if you need assistance.) Covered mental health services are:

- ♦ Inpatient mental health services
- **♦** Evaluations
- ♦ Medication management
- ♦ Psychological testing
- ♦ Individual and group therapy
- ♦ Skills development services
- ♦ Case management services
- ♦ Transportation to mental health appointments (call your PMHP or talk to your therapist if you need assistance with transportation).
- ♦ Personal Services
- ♦ Respite Care

Children who are in foster care get inpatient mental health care through the PMHP. Outpatient mental health care is paid for by the State. Foster care children can use any provider who accepts State Medicaid for outpatient mental health services.

If you need inpatient drug or alcohol detox services, check with Medicaid or your Health Plan. You can get outpatient substance abuse services from any Medicaid substance abuse provider.





Midwife Services

You can choose to see a midwife for your pregnancy. You must choose a certified and licensed midwife who accepts your Medicaid card or Health Plan. Certified midwives can deliver babies in the hospital in case of an emergency during delivery.



Nursing Home

Medicaid covers nursing home care. Long term care is when a person stays in a nursing home more than 30 days. Long term nursing home patients do not select a Health Plan or PCP. Talk to your worker about any special rules with long term nursing home eligibility.

Short term care is when you go from a hospital to a nursing home to continue recovering.

Personal Care Services

Personal care services such as bathing, feeding and dressing may be covered. This help is for people who can't do these things for themselves. Personal care is provided by a home health aide. Talk to your doctor if you need these services. Your doctor must write an order. Take the order to a home health agency. The home health agency must get prior approval from the State or your Health Plan.

Physical Therapy / Occupational Therapy

Physical therapy may be covered for some serious problems. Physical therapy may be ordered by your doctor when it will improve your medical condition. If you have a Health Plan, make sure to use a physical therapist who is with your Health Plan.

Prescriptions

Not all drugs are covered, even with a doctor's prescription. Generic brands are covered by Medicaid. If there is no generic brand for the drug you need you may get the name brand. Some prescriptions require prior approval.



The number of prescriptions Medicaid will pay for each month may be limited by your Medicaid program.

- Medicaid will review your medical history to see if you need more than the allowed prescriptions per month.
- Over the Counter Drugs will count as part of your allowed prescriptions.
- If you have any questions call the Medicaid Information Line.

Your Medicaid card will say whether or not you have to pay a co-pay for prescriptions.

Over-the-Counter Drug List

Medicaid covers many over-the-counter medicines like aspirin, Tylenol, cough and cold remedies. You need a prescription for Medicaid to pay for them. Here is a list of covered drugs. Remember: Over-the-Counter drugs are counted towards your monthly prescription limit.

Listed are some common brand names to help you know what is covered.

Prescriptions are filled with the generic brand.

Acetone tests

Actifed *

Alcohol swabs

Antacid liquid & tablets (Tums)

Aspirin*

Axid AR

Benadryl*

Benylin

Buffered aspirin*

Calcium tablets (but not oyster shell)

Chlor-trimeton

Citrate of Magnesia

Claritin*, Claritin decongestant*

Codimal DM

Contraceptive creams, foams, tablets, condoms*

Dramamine

Drixoral

DSS caps, liquid, syrup and concentrate drops %5*

Dulcolax*

Glucose blood tests, Chemstrip BG, One-touch, Ultra etc. Glucose urine tests, Clinitest,

Clinistix, Diastix, etc

Glucose

Gyne-Lotrimin*

Hydrocortisone cream, ointment or suppositories*

Imodium AD*



Insulin*

Insulin syringe (with disposable needle) 100 max

Iron supplement (Ferrous Salts)

Kaopectate

Lancets* (Does not count toward monthly limit)

Lotrimin, Lotrimin AF*

Maalox suspension

Mag-Carb

Metamucil*

Milk of Magnesia*

Monistat 7*

Motrin tablets or drops*

Mycelex OTC

Naldecon DX

Neosporin ointment*

Niacin 250 mg, 500 mg

Nix*

Pediacare Cough-Cold

Pedia Relief Cough & Cold

Pedialyte (covered only until age 10)

Pepcid AC*

Pepto-Bismol

Poly Vi Sol (under age 5)

Prophylactics or condoms, male and female*

Rid*

Robitussin*

Robitussin DM*

Sudafed

Tagamet HB*

Tavist 1

Tri Vi Sol (under age 5)

Triaminic line* (generic only)

Tylenol *

Zantac 75*

This list may change without notice.

^{*}Non-Traditional Medicaid covers only the drugs with the (*).

Specialists

Your doctor may refer you to a specialist if you have a serious health problem. Make sure you use a specialist who works with your Health Plan if one is listed on your Medicaid card.

Speech and Hearing Services

Medicaid covers some speech and hearing services. Your doctor may refer you to a speech therapist or an audiologist.

Transportation Services

If you do not have a car or a way to get to the doctor, Medicaid *may* cover your trip to and from medical appointments. This may include:

- ♦ UTA Bus Pass
- ♦ UTA Flex Trans (Wasatch Front)
- ♦ *PickMeUp* Medical Transportation

UTA Bus Pass -

Call your Medicaid case worker and ask if your Medicaid program covers a bus pass. If it is a benefit, the pass will come in the mail each month with your Medicaid card. Show your Medicaid card and bus pass to the driver.

PickMeUp - For Routine transportation from PickMeUp, your doctor must mail a letter to them stating the medical condition that qualifies you for door-to-door transportation. You must call 24 hours in advance of scheduled routine appointments to arrange for PickMeUp.

For Urgent care you do not need a letter on file. PickMeUp will call your doctor to verify the need for urgent care.

Call *PickMeUp* 1-888-822-1048

Waiver Programs

Some people with special needs may qualify for Medicaid through special waiver programs. These people may get some extra benefits. Waivers let Medicaid pay for support and services to help people live safely in their own homes or community.

The services may include:

- ♦ Emergency response service
- ♦ Homemaker service
- ♦ Group home
- ♦ Day treatment center
- ♦ Adult day care
- ♦ A private nurse
- ♦ Family support
- Respite care for family members who need a break from caring for disabled or elderly family members
- ♦ Someone to help you work at a job
- Transportation to places other than a doctor's office or clinic

Waivers allow Medicaid to pay a Case Manager to help you get this care. The extra services are different for each waiver program.

These programs limit the number of people who may be served. For information about how to apply for the waiver programs, call the number shown below:

- ◆ Brain Injury Waiver
 Call DSPD (Division of Services for People with Disabilities at (801) 538-4200
- ◆ DDMR Waiver (Developmentally Disabled/Mentally Retarded) Call DSPD at (801) 538-4200
- ◆ Technology Dependant/Medically Fragile Children Waiver (Sometimes called the Travis-C Waiver).
 Call CSHCS- Children's Special Health Care Services 1-800-829-8200
- ♦ Aged Waiver Call AAA (Area Agency on Aging) 1-800-541-7735
- ♦ Personal Assistance Waiver Call 538-4200

Other Programs

- ♦ CHIP (Child Health Insurance Program)
- ♦ FQHC (Federally Qualified Health Centers)
- ♦ RHC (Rural Health Center)
- ♦ PCN (Primary Care Network of Utah)
- ♦ QMB (Qualified Medicare Beneficiary)
- ♦ The Restriction Program
- ♦ Spenddown Program

CHIP (Child Health Insurance Program)

CHIP is a program for children who do not have medical insurance. If a child is not eligible for Medicaid because of family income or assets, the worker will see if the child is eligible for CHIP. CHIP has a higher income limit than Medicaid. It also has no asset limit. If you are interested in more information about CHIP call Toll Free 1-888-222-2542.

FQHC (Federally Qualified Health Centers) / RHC (Rural Health Centers)

Utah has a number of FQHCs. These are clinics that have received special grant money to provide medical care to people who do not have any insurance. They also accept insurance including Medicaid.

If you have family members not covered by Medicaid, this is a good resource for them to get low-cost medical care. The cost is based on income. A list of health centers is in "The Resource" section.

PCN (Primary Care Network of Utah)

The PCN program is for people who do not qualify for Medicaid, have no other health insurance and meet income guidelines. The PCN program covers:

- ♦ Care from your Primary Care Physician
- ♦ Limited pharmacy
- ♦ Limited dental

There will be an enrollment fee. The PCN program does not cover care from a specialist or inpatient hospital services. The program is for people age 19-64. With this program you will be required to pay co-pays and co-insurance. For more information call 1-888-222-2542.

QMB (Qualified Medicare Beneficiary)

QMB is a program that pays your Medicare premiums, co-pays and deductibles. To learn more about the QMB program, contact the office where you apply for Medicaid.

Some people get both QMB and Medicaid. If you are eligible for QMB only (no Medicaid benefits), you will receive a special QMB card showing you are eligible for the program. *This program is limited to Medicare benefits only*. Show your QMB card along with your Medicare card when you get medical treatment. This shows your doctors and clinics that your Medicare co-pays and deductibles are covered.

Restriction Program

The Restriction Program is for people who have a serious problem knowing how to use their Medicaid card. If someone is placed in the Restriction Program they will have a doctor and pharmacy that prints on their card along with their PCP or Health Plan, if one has been selected. They need to get all of their care from the one doctor and all their prescriptions from the one pharmacy.

If you are part of the Restriction Program you are allowed to change the doctor and pharmacy. You must go through your Restriction Program Manager. You can contact them by calling (801) 538-9984 or 1-800-662-9651 (press #900).

Spenddown Program (Medically Needy)

Spenddown is when you pay to receive a Medicaid card. You pay the amount you are above the Medicaid income limit. You must meet all other conditions to qualify. Not all Medicaid programs allow you to spenddown.

The Resources



The Resources

Access Utah Network-Disability Information & Referral
155 S 300 W Suite 100 Salt Lake City, 84102 (801) 533-INFO
Toll Free Dial '1' & Then
Aging Services
2001 S State, #S-1500 Salt Lake City, 84190 (801) 468-2454
Weber County, Ogden
Davis County, Farmington
Utah, Summit & Wasatch County
AIDS/HIV Prevention and Services
288 N 1460 W Salt Lake City, 84114
Toll Free Dial '1' & Then
AIDS/Ryan White Title II (Support services for people with AIDS/HIV)
288 N 1460 W Salt Lake City, 84114 (888) 767-0055
AIDS/Ryan White Title III (Medical Services for people with AIDS/HIV)
50 N Medical Drive Salt Lake City, 84132 (801) 581-8479
American Red Cross
465 S 400 E Salt Lake City, 84110 (801) 323-7000
Toll Free Dial '1' & Then
Arthritis Foundation
448 E 400 S Suite 103 Salt Lake City, 84111 (801) 536-0990
Toll Free Dial '1' & Then
Baby Your Baby Hotline
Toll Free Dial '1' & Then
Blind and Visually Impaired (Division of Services)
250 N 1950 W STE B, Salt Lake City, 84116 (801) 323-4343
Toll Free Dial '1' & Then
BES (Bureau of Eligibility Services) Medicaid
(801) 538-9984
Toll Free Dial '1' & Then
Cancer Information Service
Toll Free Dial '1' & Then
Catholic Community Services
2570 W 1700 S Salt Lake City, 84104
Ogden
CHEC (Child Health Evaluation and Care) Program
See "Local Health Depts"
CSHCS (Children's Special Health Care Services)
Toll Free Dial '1' & Then
CHIP (Child Health Insurance Program)
Toll Free Dial '1' & Then

Chiropractic Health Plan
9135 S Monroe Ste B Sandy, 84070
Toll Free Dial '1' & Then
CAP (Community Action Program)
764 S 200 W Salt Lake City, 84101
Constituent Services
Governor's Office
Toll Free Dial '1' & Then
Medicaid (only)
Toll Free Dial '1' & Then
Medicaid (with other programs)
Toll Free Dial '1' & Then
Deaf, Utah Association for the , Inc.
5709 S 1500 W Salt Lake City, 84123
Diabetes Association
340 E 400 S Salt Lake City, 84111
Toll Free Dial '1' & Then
Disabled Rights Action Center
2757 S 300 W Salt Lake City
Toll Free Dial '1' & Then
DSPD (Division of Services to People with Disabilities)
655 E 4500 S Murray, 84114
Domestic Violence Information
Toll Free Dial '1' & Then
Easter Seal Society of Utah
638 E Wilmington Ave Salt Lake City, 84106
Toll Free Dial '1' & Then
Family Dental Plans
Heber: 55 S 500 E Heber City, 84032 (435) 654-2700
Layton: 360 S Fort Lane Bld 3 Suite A Layton, 84041 (801) 546-2263
Ogden: 298 24 th St. Suite 360 Ogden, 84401 (801) 394-4495
Provo: 150 E Center St. Suite 1100 Provo, 84606 (801) 374-7011
Salt Lake City: 3195 S Main St, Suite 200, Salt Lake City (801) 468-0342
Salt Lake City: 4535 S 5600 W Salt Lake City, 84120 (801) 969-8243
St George: 321 N Mall Dr Suite 101 St George, 84771 (435) 652-3806
FQHC (Federally Qualified Health Centers) (income based fees)
Carbon Medical Services: 305 Center St. East Carbon, 84520 (435) 888-4411
Central City Community Health Center
461 S 400 E Salt Lake City, 84111
Copperview Community Health Center
8446 S Harrison Midvale, 84047 (801) 566-5494

Enterprise Valley Med. Center	
223 S 200 E Enterprise, 84725 (435) 878-228	31
Green Valley Medical Center	
305 W Main, Green River, 84525 (435) 564-343	34
Midtown Community Health Center	
670 28 th Street Ogden, 84403	55
Montezuma Creek Health Center	
262 Montezuma Creek, 84534	1
Mountainlands Community Health Center	
215 W 100 N Provo, 84601	60
Oquirrah View Community Health Center	
4745 S 3200 W Salt Lake City, 84118 (801) 964-621	4
Stephen D. Ratcliffe Health Clinic	
1365 W 1000 N Salt Lake City, 84116 (801) 328-575	50
Wasatch Homeless Health	
404 S 400 W Salt Lake City, 84101 (801) 364-005	8
Wayne County Medical Clinic	
128 S 300 W Bicknell, 84175 (435) 425-374	14
Health Clinics of Utah	
Ogden: 2540 Washington Blvd, Ste 122, 84401 (801) 626-367	
Provo: 150 E Center St, Rm1100, 84606 (801) 374-701	
Salt Lake: 3195 S Main St, #200, 84115 (801) 468-035	54
Health Plans	
Healthy U	
Toll Free Dial '1' & Then	' 0
IHC Access (Medicaid Information Line)	
Toll Free Dial '1' & Then	51
Molina (formerly AFC)	
Toll Free Dial '1' & Then	50
HPRs (Health Program Representatives)	
American Fork	
895 N 900 E American Fork, 84003	هر
Clearfield	
1350 E 1450 S Clearfield, 84015	17
Ogden	
2540 Washington Blvd. Ogden 84402 or	
480 27 th St Ogden, 84401	
or call (801) 626-335	,0
Provo	
150 E Center Street Provo, 84606 or	
1550 N Freedom Blvd Provo, 84604 (801) 374-786)4

Roy	
1951 W. 5400 So. Roy, 84067	(801) 776-7200
Spanish Fork	
1185 N Chappel Drive Spanish Fork, 84660	(801) 374-7864
SLC/ Expo	
158 S 200 W Salt Lake City, 84145	(801) 524-9071
SLC/ Metro	
720 S 200 E Salt Lake City, 84111	(801) 536-7112
SLC/ Midvale	
7292 S State St Salt Lake City, 84047	(801) 567-3835
SLC/ South County	
5735 Redwood Rd Taylorsville, 84123	(801) 269-4860
West Valley	(004) 040 445
2750 So 5600 W West Valley City, 84120	(801) 840-4456
Woods Cross	(001) 200 ((00
763 W 700 S Woods Cross, 84087	(801) 298-6600
Indian Walk In Center	(001) 406 4077
120 W 1300 S Salt Lake City, 84115	` /
Information & Referral	
Bear River District Health	
655 E 1300 N Logan, 84321	(435) 752-3730
Bountiful Clinic	(433) 132 3130
1650 S Main #109B Bountiful, 84010	(001) 451 2210
1000 S Main // 109 B Boundian, 6 1010	(801)451-3310
	(801) 451-3310
Central Utah Health Dept	
Central Utah Health Dept 70 Westview Dr. Richfield, 84701	
Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept	(435) 896-5451
Central Utah Health Dept 70 Westview Dr. Richfield, 84701	(435) 896-5451
Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025 Ellis Shipp Public Health Clinic	(435) 896-5451 (801) 451-3310
Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025	(435) 896-5451 (801) 451-3310
Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025 Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120	(435) 896-5451 (801) 451-3310 (801) 963-7335
Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025 Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120 Layton Clinic	(435) 896-5451 (801) 451-3310 (801) 963-7335
Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025 Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120 Layton Clinic 360 S Fort Lane Layton, 84041	(435) 896-5451 (801) 451-3310 (801) 963-7335 (801) 451-3310
Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025 Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120 Layton Clinic 360 S Fort Lane Layton, 84041 Rose Park 1625 W 700 N, Salt Lake City, 84116 Salt Lake City/County Health	(435) 896-5451 (801) 451-3310 (801) 963-7335 (801) 451-3310 (801) 322-0502
Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025 Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120 Layton Clinic 360 S Fort Lane Layton, 84041 Rose Park 1625 W 700 N, Salt Lake City, 84116 Salt Lake City/County Health 610 S 200 E Salt Lake City, 84111	(435) 896-5451 (801) 451-3310 (801) 963-7335 (801) 451-3310 (801) 322-0502 (801) 468-2750
Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025 Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120 Layton Clinic 360 S Fort Lane Layton, 84041 Rose Park 1625 W 700 N, Salt Lake City, 84116 Salt Lake City/County Health 610 S 200 E Salt Lake City, 84111 2001 S State St Salt Lake City, 84190	(435) 896-5451 (801) 451-3310 (801) 963-7335 (801) 451-3310 (801) 322-0502 (801) 468-2750
Central Utah Health Dept 70 Westview Dr. Richfield, 84701 Davis County Health Dept Courthouse Annex: 50 State St Farmington, 84025 Ellis Shipp Public Health Clinic 4535 S 5600 W West Valley City, 84120 Layton Clinic 360 S Fort Lane Layton, 84041 Rose Park 1625 W 700 N, Salt Lake City, 84116 Salt Lake City/County Health 610 S 200 E Salt Lake City, 84111	(435) 896-5451 (801) 451-3310 (801) 963-7335 (801) 451-3310 (801) 322-0502 (801) 468-2750 (801) 468-2800

South Main Public Health
3195 S Main St. Salt Lake City, 84115 (801) 464-8966
Southeastern Utah District Health
28 S 1 st E PO Box 800 Price, 84501
Southwest Utah Public Health
168 N 100 E St George, 84770
Summit City/County Health
85 N 50 E PO Box 128 Coalville, 84017 (Ext 3222)(435) 336-4451
Tooele County Health
151 North Main Tooele, 84074
TriCounty Health
147 E Main St. Vernal, 84078
Utah City/County Health
589 S State St Provo, 84606
805 W 100 S PO Box 246 Heber, 84032
Weber/ Morgan District Health
2233 Grant Ave Ogden, 84401 (801) 399-6150
Weber/ Morgan District Health
2570 Grant Ave. Ogden, 84401 (801) 399-8433
West Jordan
1740 W 7800 S Salt Lake City, 84084
Lung Association
1930 S 1100 E Salt Lake City, 84106
Toll Free Dial '1' & Then (800) LUNG-USA
Make a Wish Foundation
2091 E 4800 S, STE 15, Salt Lake City, 84117
Toll Free Dial '1' & Then
March of Dimes
515 E 4500 S , Murray, 84107
Toll Free Dial '1' & Then
Medicaid Information Line (801) 538-6155
Toll Free Dial '1' & Then
Medicare Information
Toll Free Dial '1' & Then
Medicare Claims Information
Medicare A-Hospitals
Medicare B-Physicians
Toll Free Dial '1' & Then

Mental Health Centers Bear River Mental Health Central Utah Mental Health Counties-Puite, Sevier, Juab, Wayne, Millard, Sanpete Davis Mental Health Four Corners Mental Health Counties-Carbon, Emery, Grand (435) 637-2358 Heber Counseling Center Northeastern Counseling Center Counties- Duchesne, Uintah, Daggett (435) 789-6300 San Juan Mental Health Southwest Mental Health Counties-Beaver, Garfield, Iron, Kane, Washington Valley Mental Health Wasatch Mental Health Weber Mental Health For counties not listed call Medicaid Information (801) 538-6155 **PCN** (Primary Care Network) **PickMeUp Pregnancy Risk Line**(800) 822-BABY **Restriction Program**

RHC (Rural Health Centers) (income based fees)
Beaver Medical Clinic
1059 N 100 th W, Beaver 84713
Blanding Medical Center Emergency & Birthing Services
930 N 400 W, Blanding 84511
Bryce Valley Clinic
10 W Center, Centerville 84718 (435) 679-8545
Circleville Clinic
145 W Main, Circleville 84723 (435) 577-2958
Coalville Health Center
82 N 50 E, Coalville 84017
Duchesne Valley Medical Center
50 E 200 S Duchesne, 84021
Emery Medical Center
90 W Main, Castledale 84513
Garfield Memorial Clinic
224 N 400 E, Panguitch 84759
Hurricane Family Practice Clinic
90 S 700 W, Hurricane 84737(435) 635-4485
Kamas Health Center
151 W 200 S, Kamas 84036
Kazan Ivan W Memorial Clinic
65 N Center, Escalante 84726
Milford Valley Clinic
451 N Main, Milford 84751
Monument Valley Health
P.O. Box 360-05, Monument 84536
Mountain Utah Family Medicine 850 N Main, Richfield 84701
For more locations call the Medicaid Information Line
Toll Free Dial '1' & Then
Ronald McDonald House
935 E South Temple, Salt Lake City, 84102 (801) 363-4663
Salt Lake County Division of Substance Abuse
2001 S State Suite S2300 Salt Lake City, 84190 (801) 468-2009
Shriners Hospital
Fairfax Road at Virginia Street Salt Lake City, 84103 (801) 536-3500

Social Security Administration
202 W 400 S Salt Lake City,84101
Toll Free Dial '1' & Then
TriCounty Children's Dental Clinic
198 W 200 N Vernal, 84078 (435) 781-0875
Tobacco Quit Line
Toll Free Dial '1' & Then
Utah Aids Foundation
1408 S 1100 E Salt Lake City, 84105 (801) 487-2323
Toll Free Dial '1' & Then
Utah Issues
Utah Legal Services
205 N 400 W, Salt Lake City, 84013
Utah Assistive Technology Foundation
6835 Old Main Hill, Logan, 84322-6835
Toll Free Dial '1' & Then
Veterans Affairs Medical Center
500 Foothill Drive, Salt Lake City, 84148
Toll Free Dial '1' & Then
WIC (Women, Infants, and Children)
288 N 1460 W Salt Lake City, 84114 (801) 538-6960
Toll Free Dial '1' & Then
Workforce Services
General Information